

When asked how she practices Jungian Analysis
Dr. Marie Louise von Franz said:

*'To have no rules at all.
To be present with your genuine personality
and have no technique and no
clinical program,
to superimpose nothing.
Permit the unconscious
to take the lead!
Take a lot of trouble to understand the
dreams
instead of flippantly dismissing them.
Teach the patient
by your own actions
to trust his or her unconscious.'*